



THE WAY OF WHOLEHEARTEDNESS CREATING RELATIONSHIP BREAKTHROUGHS

SATURDAY OCT 28, 2017 9:30 AM – 4:30 PM

Conflicts are inevitable. And when they persist, they leave us tired, discontent, or miserable. In this fun-filled workshop, based on enduring but rarely used principles in psychology and spiritual traditions, you will discover how to transform conflicted relationships and how to deepen the intimacy in already healthy relationships.

“The seminar has done wonders in my life. The changes have been phenomenal. It was amazing.” D.M.

“This has completely altered how I interact people. The seminar was a truly transformative experience.” L.P.



In this seminar, you will learn: A) how to stop the very common practice of unconsciously making implications that anger or irritate others; B) how to see human nature in a radically different way; C) how to bring love or positive regard to a relationship without the other person changing first.



Kelly Dorfman, MS, LND, is an internationally known speaker and award-winning author. She has been featured on CNN, Gwyneth Paltrow's Goop.com, and has been quoted in the Wall Street Journal, Washington Post, and Oprah Magazine. In addition to 25 years of clinical experience, she has led seminars for doctors, therapists, teachers, government agencies, and the general public.



David G. Mercier, MS, LAc., has conducted personal growth seminars and has provided over 40,000 life-coaching and health-coaching sessions over 3 decades. He is the author of the award-winning *A Beautiful Medicine*, the textbook for a summer session course he teaches at Johns Hopkins University. In the seventies, he spent 2 years as a Buddhist monk in Sri Lanka.

**LOCATION: A CENTER FOR RELATIONSHIPS, 316 COMMERCE ST,
ALEXANDRIA, VA : CHECK IN FROM 9-9:30**

COST: \$140

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